

## Extraordinary Minister of Holy Communion (EMHC)

### Procedures

#### Saint Frances de Sales Parish

Please remember that on occasions when a sufficient number of ordinary ministers of Holy Communion, that is bishops, priests or deacons, are available the assistance of scheduled EMHCs will not be necessary.

Please bring a pyx with you to Mass and place it on the altar before Mass and Father will put the correct number of hosts in it to be taken to the musicians. If you need additional hosts for a sick call please tell Father when you return from dispensing the Holy Sacrament. If there is a guest priest please approach him before Mass and explain the procedure to him.

Places in the front pew on St Mary side have now been designated for the EMHCs. You may choose to be seated there throughout the Mass or to be seated with your families. Please come forward during the Agnus Dei, if seated with your family, and take a place in the pew and kneel together with the congregation after praying the Agnus Dei. From there you will come forward to receive communion yourself and then assist the priest with the communion of the congregation.

After the priest consumes both the Body and Blood of Christ, please stand and exit the pew. In the middle of the aisle, between the last row of pews, please make a profound bow from the waist as a sign of reverence and then step forward to receive communion from the priest. He will then hand the ciborium to you and you can take your place to assist him.

In the case of those distributing the Precious Blood, please stand and wait while the priest goes to the altar to bring the chalice. Receive the Precious Blood by taking the chalice in both hands, after which take the purificator from the priest and then go to your station for the communion of the faithful.

The priest and one EMHC will provide stations for receiving the host in the center aisle. Communion under both species will be offered on the first weekend each month; in that case two additional EMHCs will administer the Precious Blood near the side aisles.

Thank you and God bless you for assisting in giving the Body and Blood of Christ to His people.

(Edited 26 Sept 2010)